

## **The Ascension of our physical body**

In the ascension process, one would more or less be concern about what happens when one ascend. When ascension takes place, in fact, as what many writers suggest, the soul will normally depart away from the physical body. This is also what we call the physical death of our body. However the question here is not to just present this theory to all who is reading now. The question is can one bring the physical body into the light?

This question came when we are conducting the class on 25<sup>th</sup> Feb 2005. The answers that were shared needed some reconstructing and re-organizing. Now I would like to explain what is this all about. For those who do not understand, there is no need to worry, some day you will understand!

Considering the theoretical answers in our human world, the answer is of course no. However, that is not the case, there are records found in Tibet that record the monks becoming a great light source when they are enlightened. The process of enlightenment in the past can be considered as a major step in Ascension. This is physical records found. The body can transform into light.

In some ascension material, there are information talking about how one can actually transform the body into light and from there the soul can then take the physical body into the light and merge with it. So the physical body can then become the light body. However, what is the truth? When one ascend, the body CAN be converted into Light, but normally it will deplete a way lot of energy from the person ascending. This is also further determined by whether the body of the person contains enough light quotients in energy terms. It is definitely not easy to store that amount of light in the physical body.

So normally the physical body goes through the three phases of transformation. First the phase is when the person ascends, the body will illuminate with light and if the physical body is able to merge with the light, it will proceed to the next phase. Through the journey to the void or the mid way station, the transformed physical body will have to take the light impacts on the way. If the transformed physical body can take the second phase, your transformed physical body will then undergo a trial to see if your soul is able to serve under this body. So in any case, if the body fails to take the light, it will dissolve away into its original light form.

From all these information, we have to say it is possible to convert your body into light and ascend with it. However, the chances of you rejecting the body are also very high. These also are due to the problems and limitation the physical has. So it does not really matter even if we ascend with out a physical body as we already constructed a light body when we practice energy work and spirituality. Normally the soul will take that body instead.

Hope this insight will help in your doubts.

Namaste

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